

Do you struggle with making and keeping friends? Are you motivated to learn how?



Attend the Social Skills Program

An intensive 14-week social skills program for teenagers and young adults with “invisible differences”*

*Invisible differences are neurobehavioral and emotional disorders such as ADHD, non-verbal learning disabilities, depression, learning disabilities, autism spectrum disorder and anxiety.

Learn to:

- ❖ Engage in natural, two-way conversations
- ❖ Appropriately use humor
- ❖ Handle rejection, teasing, and bullying
- ❖ Handle rumors and gossip
- ❖ Handle arguments and disagreements
- ❖ Choose appropriate friends
- ❖ Have a successful get-together with friends

Evidence-based Instruction:

- ❖ Small group format (7-10 participants)
- ❖ Coaches model behavior
- ❖ Opportunities to practice appropriate behaviors
- ❖ Homework reinforces lessons
- ❖ Concurrent parent sessions



Register Today!

Call: (904) 612-1655 or (904) 834-5051

Email: amasters@lifesourcegroup.com or liz@lifesourcegroup.com

Classes Begin: Monday, Sept. 14th, 6:00 PM

Located: 248 Southpark Circle East
Saint Augustine, Florida 32086

